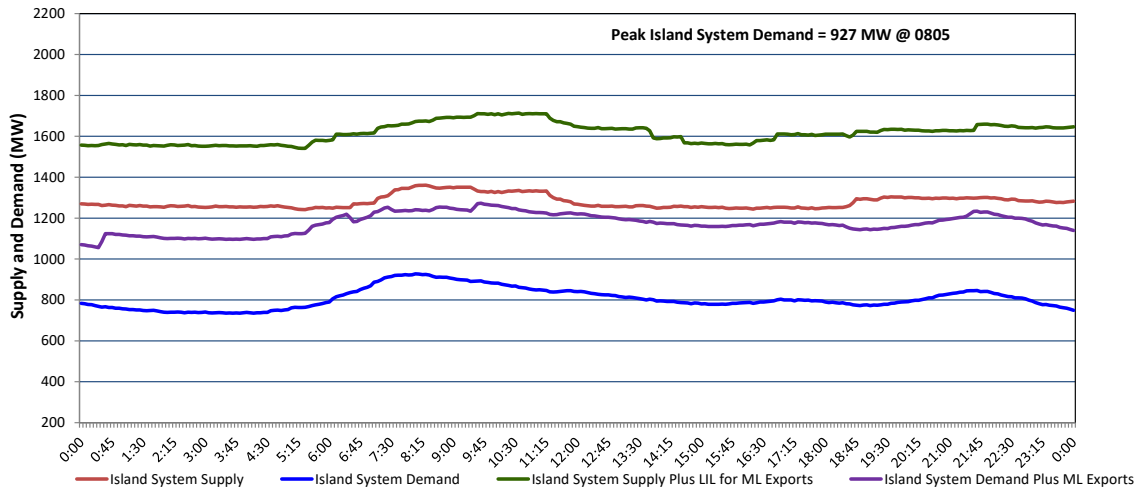


Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Friday, May 22, 2026

Section 1 Island Interconnected System - Supply, Demand & Exports Actual 24 Hour System Performance For Thursday, May 21, 2026



Island Supply Notes For May 21, 2026

- A As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- B As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
- C As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- D As of 1857 hours, April 17, 2026, Stephenville Gas Turbine available at 25 MW due to forced derating (50 MW).
- E As of 1527 hours, May 01, 2026, Holyrood Unit 1 available but not operating 166 MW (170 MW).
- F As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
- G As of 1052 hours, May 06, 2026, Bay d'Espoir Unit 1 unavailable due to planned outage (76.5 MW).
- H As of 1052 hours, May 06, 2026, Bay d'Espoir Unit 2 unavailable due to planned outage (76.5 MW).
- I **At 1556 hours, May 21, 2026, Holyrood Diesels available at full capacity (10 MW).**

Section 2 Island Interconnected System - Supply, Demand & Outlook

Fri, May 22, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,365 MW	Friday, May 22, 2026	960	910
NLH Island Generation: ^{3,7}	1,015 MW	Saturday, May 23, 2026	960	910
NLH Island Power Purchases: ⁵	120 MW	Sunday, May 24, 2026	875	825
NP and CBPP Owned Generation:	180 MW	Monday, May 25, 2026	980	930
LIL/ML Net Imports to Island: ⁹	50 MW	Tuesday, May 26, 2026	1,015	965
		Wednesday, May 27, 2026	1,085	1,035
7-Day Island Peak Demand Forecast:	1,105 MW	Thursday, May 28, 2026	1,105	1,055

Island Supply Notes For May 22, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak

Thu, May 21, 2026	Island Peak Demand ¹⁰	8:05	927 MW
	Exports at Peak		314 MW
	LIL Net Imports to Island		0 MWh
Fri, May 22, 2026	Forecast Island Peak Demand		960 MW

- Notes:
10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).